



## RUNNING ORDER

Foxhall Heath Stadium, Ipswich—Saturday 21st February 2026—5pm

### 2026 IPSWICH PRACTICE NIGHT

Session	Time	Formula
1	17.00	Ninja Karts
2	17.08	Superstox
3	17.16	Bangers ( <i>1/2 total cars</i> )
4	17.24	Bangers ( <i>1/2 total cars</i> )
5	17.32	Junior Bangers & National Bangers
6	17.40	1400cc Stock Cars, Historic Stock Cars & Junior Micra Stock Cars
7	17.48	1ltr Hot Rods, Front-Wheel Drive Hot Rods & Rookie Rods
8	17.56	2.0 Hot Rods & Stock Rods
9	18.04	Classic Hot Rods & National Hot Rods
10	18.12	Ninja Karts
11	18.20	Superstox
12	18.28	Bangers ( <i>1/2 total cars</i> )
13	18.36	Bangers ( <i>1/2 total cars</i> )
14	18.44	Junior Bangers & National Bangers
15	18.52	1400cc Stock Cars, Historic Stock Cars & Junior Micra Stock Cars
16	19.00	1ltr Hot Rods, Front-Wheel Drive Hot Rods & Rookie Rods
17	19.08	2.0 Hot Rods & Stock Rods
18	19.16	Classic Hot Rods & National Hot Rods
19	19.24	Ninja Karts
20	19.32	Superstox
21	19.40	Bangers ( <i>1/2 total cars</i> )
22	19.48	Bangers ( <i>1/2 total cars</i> )
23	19.56	Junior Bangers & National Bangers
24	20.04	1400cc Stock Cars, Historic Stock Cars & Junior Micra Stock Cars
25	20.12	1ltr Hot Rods, Front-Wheel Drive Hot Rods & Rookie Rods
26	20.20	2.0 Hot Rods & Stock Rods
27	20.28	Classic Hot Rods & National Hot Rods



## **ALL DRIVERS PLEASE NOTE**

There is a strict **NON-CONTACT** policy at this event, deliberate offenders will be loaded up and may face further action.

We advise all drivers to maintain their racing line and to take notice of all flag and light signals on the raceway. **A Blue Flag means, HOLD YOUR RACING LINE TO ALLOW FASTER CARS TO OVERTAKE.**

Please be ready to join the raceway for your allocated practice slot, you will not be permitted onto the raceway without your correct personal protective equipment.

**You will be asked to show your wristband before you join the raceway.**

There will be no holding the gate.

If you wish, or have, to end your practice session early please pull wide on the bends and park against the armco retaining wall or in the lay-bys on the home and back straights.

If a RED FLAG is shown during a practice, you MUST stop immediately and safely. Once you have stopped for a red flag, you MUST NOT move again until an official asks you to do so—offenders will be excluded.

Please line up in the HOLDING AREA ready for your practice

**DRIVERS ARE REMINDED TO REMAIN IN THEIR VEHICLES WHILST ON THE TRACK OR PARKED ON THE INFIELD**

**DO NOT DRIVE OR PARK ON THE CENTRE GREEN GRASS**

You are warned that you must not consume alcohol at any time if you are competing—random breath tests may be taken

Race Receiver Channel (*All Formulas*) :- Channel 952

## **\*\*\*REMEMBER YOUR PIT SAFETY\*\*\***

**\*NO SMOKING IN THE PIT AREA**

**\*WHEN WORKING ON CARS ENSURE THAT THE CAR IS SUPPORTED AND NOT LEFT ON A JACK. IF A HIAB IS TO BE USED ENSURE PART OF THE CAR IS OVER THE FLATBED AREA OF THE LORRY.**

**\*ALL FUEL MUST BE KEPT IN SEALED CONTAINERS**

**\*CHILDREN MUST BE ACCOMPANIED IN THE PIT AREA AT ALL TIMES**

Please do not leave any scrap tyres or wheels at the raceway and can all drivers and pit crews assist by putting all rubbish in the bins.

Any questions, please contact race control throughout the evening, lap times will be available.